



## **SUCCESS STORIES -USA**

### **What people are saying about...**

### **The Power of Focus Coaching Program for business people:**

I'm close to completing the final sessions of The Power of Focus and I can state without reservation the positive impact your program has had upon me. I am realizing profound changes, some that I experienced immediately and others I'm only now beginning to fully appreciate.

While I'd like to think that I have an open mind, somehow you were able to pry it open a little more and from the very start provide me with new perspectives. You helped initially by showing me that foundational habits and proper focus become instinctive after practice and time. Your guidance and teaching style, personal stories, "The Power of Focus" book and your one-day mentoring sessions have enlightened me to the point where I now enjoy a balanced life style that I longed for but never seemed to be able to attain on my own.

I have regained health and eliminated prescribed medication, lost seventy-two pounds in six months, practice regular exercise and balanced nutrition and have restored long desired energy and vitality.

Probably the most startling awareness I've gained comes from your funneling me to cast my attention on my brilliance. The common tact is to strengthen weakness, yet yours is to uncover, enrich and channel strength.

**Bob Benninghofen**  
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