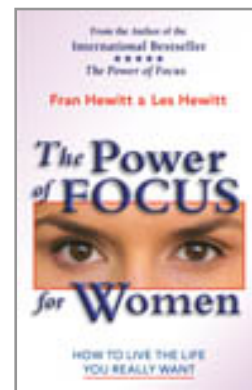


## The Power of Focus Store

### ***THE POWER OF FOCUS FOR WOMEN™*** ***How to Live the Life You Really Want***

#### Details

- **Paperback:** 298 pages
- **Publisher:** Health Communications Inc.
- **ISBN:** 0757301142



#### Book Description

Many women today feel their life is constantly in fast-forward mode –juggling careers, family and personal time. *The Power of Focus for Women* offers practical solutions for the real day-to-day issues that confront women from all walks of life. Each chapter includes inspirational success stories and offers easy-to-implement Action Steps that will help women make significant improvements in their lifestyles.

More than any other time in history, women around the world are now ready and waiting to create the life they REALLY deserve. This book shows them how!

#### Inside This Book

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